



**Education:**

Mastery University, Robbins Research International  
Leadership Academy, Robbins Research International  
Robbins-Madanes Center for Strategic Intervention  
Brendon Buchard's Expert's Academy  
Brendon Buchard's World's Greatest Speaker Training

**Mentors:**

Anthony Robbins, Bo Eason, Brendon Buchard, Roger Love

**Professional and Community Affiliations:**

Volunteer Crew, Unleash the Power Within, Tony Robbins  
Member, Downtown Orlando Toastmasters, Club 28  
Past member Ohio Association of Realtors  
Bo Eason Mastermind Group  
Vice President of Iranian American Cultural Community of  
Central Florida

I am the founder of Transition Coach Academy. As a Strategic intervention Coach, Expert, and Speaker, I help women in life transitions to overcome their emotional challenges so they can transform their lives. Clients who have previously had to use multiple sessions coaching with no immediate results often find our coaching sessions powerful enough to get to massive results and breakthroughs in the shortest time possible. It is my ultimate joy and happiness to see these sparkly champions on the other end of their road of transformation!

**Coaching and Speaking Services:**

- Keynote and Speaking Events
- Workshops, Mastermind and Group Coaching

In these hands-on transformational experiences, Sahar inspires and instructs her audience to "Find the Sparkle!" She shares her amazing life story and journey of overcoming limitations to inspire and motivate her audience to change their lives. Sahar applies many creative and fun strategies and tools that she has gathered from years of intense training with the best of the best in the industry. She uses her knowledge and experience of working with clients around the globe from all walks of life to tailor a custom Workshop just for you based on your teams, needs, and desires.



You will become an extraordinary leader, peak performer, and effective influencer by "Finding Your Sparkle" through her workshops. You will tap into your inner beauty, passion, and voice and let your "Sparkle" shine on others to make a difference in the world! Call or Email Sahar today to discover how you can book a custom Workshop with her to "Find Your Sparkle" and join her community of other amazing "Sparkly" women!

*I came to Sahar with high expectations and a guarded heart. I had a list of things I expected to accomplish and a very tough life-altering challenge that I honestly doubted she would be able to help me work through. I found myself with an entirely different attitude as our coaching sessions came to an end as she helped me let my guard down and opened my heart, which is exactly what I needed to address my biggest challenge. She probably knew that from the beginning. In fact sometimes, when I just didn't get the lesson, she got creative with different approaches until I had resolution not only in my head but, most importantly, in my heart. Not only did Sahar meet all my expectations.....I feel very privileged to have worked with her ...she truly changed my life and the life of a very unsuspecting person!" - Diana, IT Professional*



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Find Your Sparkle!